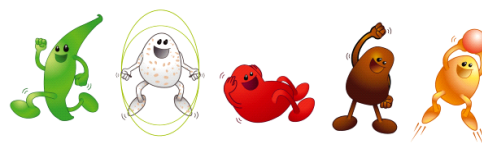


GYMNASTICS CLUB



Full of beans

CHILDREN'S FITNESS & SPORTS COACHING

St Peters Primary
Tuesdays 17th Sept - 10th Dec
3.30 - 4.30



This Club is open to children in years 1, 2 & 3

We are pleased to offer this new club with our qualified PE Teacher Annabel. This club will improve your child's balance, co-ordination, agility, flexibility and strength.

Some of the areas we will work on include ;

Splits Rolls Balancing Jumps Routines

Floor exercises Handstands Cartwheels Shapes

Gymnastics is a brilliant way to stay fit, flexible and have fun. We teach everyone the art of gymnastics to the best of their ability, allowing all gymnasts to excel, with the emphasis on individual achievement through motivation and encouragement. Our clubs are for boys and girls of all abilities.

The cost is just £4.33 per week. 12 weeks is £52 but can be split into 2 payments with the 2nd after half term. We also offer sibling discounts.

If you would like your child to participate, please head to www.fullofbeansfitness.co.uk. Click the **WIRRAL area** Button, & follow link to book clubs & look for your school.

If you have any questions at all, please don't hesitate to contact Nicky on the number or email address below



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www.fullofbeansfitness.co.uk

